

Abundant-Chi Community Acupuncture Center
Deah Kinion, L. Ac. (507) 990-3299

Acupuncture can help with relaxation, reducing stress, cravings and withdrawal symptoms.

STOP SMOKING/NICOTINE CESSATION INTAKE

Name _____ Date _____

Address _____

Phone (C) _____ (H) _____ (W) _____

Email _____ Birthday _____

Usage (type & amount) _____

Do you have a supportive environment? _____ Coping strategies? _____

Do you know your patterns of smoking?

Have you tried to quit before? _____ How long? _____

Why do you want to quit? _____

What do you like most about smoking? _____

What will be the hardest part about quitting? _____

Acupuncture Consent Form

Deah Kinion, L. Ac. is an acupuncturist licensed by the MN Board of Medical Practice. She graduated from the Midwest College of Oriental Medicine in 1988. The acupuncture **scope of practice** includes the following: Using Oriental medical theory to assess, diagnose and treat a patient. Treatment techniques include acupuncture, acupressure, herbs, diet counseling, breathing techniques and exercise according to Oriental medicine principles. **Side effects** are rare but may include the following: pain in treatment area, temporary bleeding or bruising, infection, needle sickness or broken needle. Only pre-sterilized needles are used.

Please circle YES or NO for the following and sign below.

Bleeding disorder? YES NO Pacemaker? YES NO Pregnant? YES NO

I have read the above and agree to proceed with acupuncture services for nicotine cessation. I may choose to receive further acupuncture for additional health concerns.

NAME: (signed) _____ DATE: _____